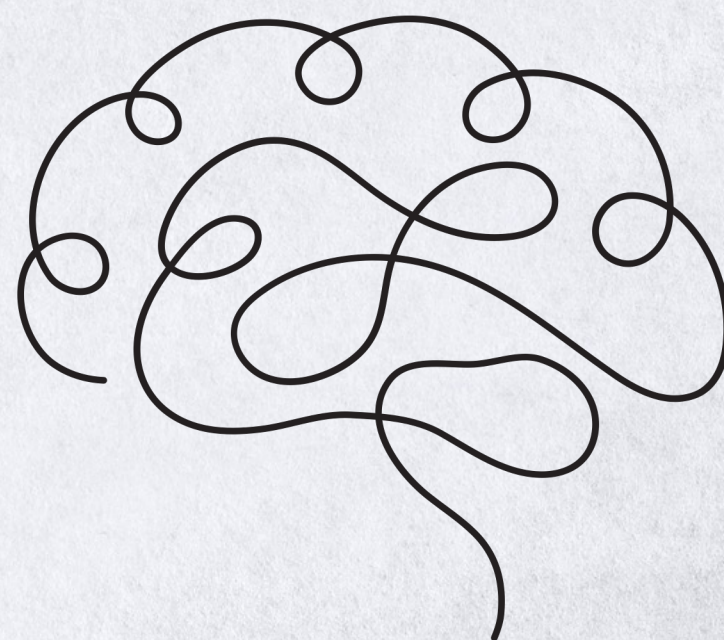




ARTS FOR SOCIAL EMOTIONAL
LEARNING

Recipes for Connection



WITH JESSICA & AMBER



Today we will:



- Practice social emotional learning
- Build community space
- Have Fun!

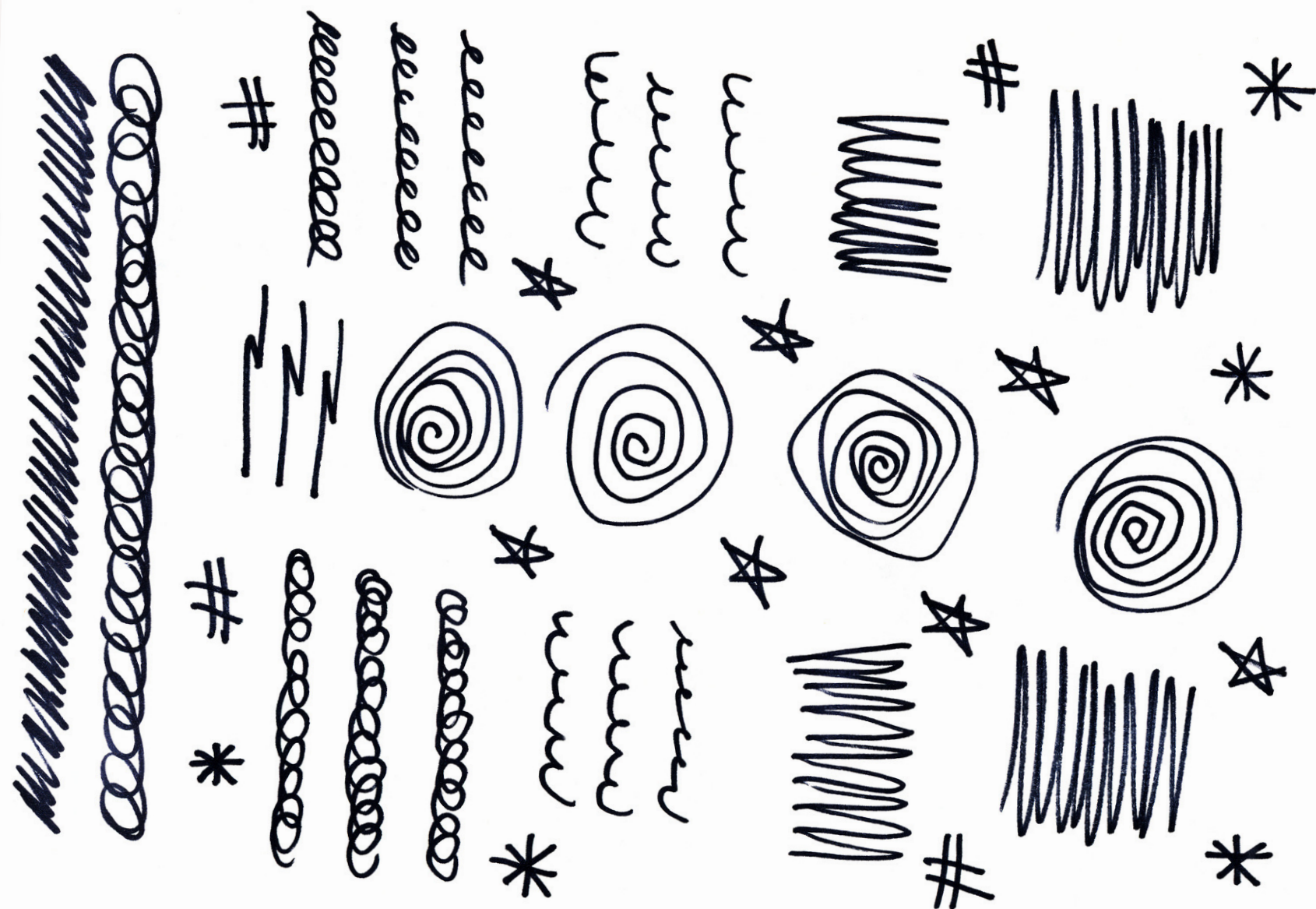




Think Quietly

- What is Creativity?
- What is Social Emotional Learning?
- What is Community?
- How are these connected?

Doodle for your noodle

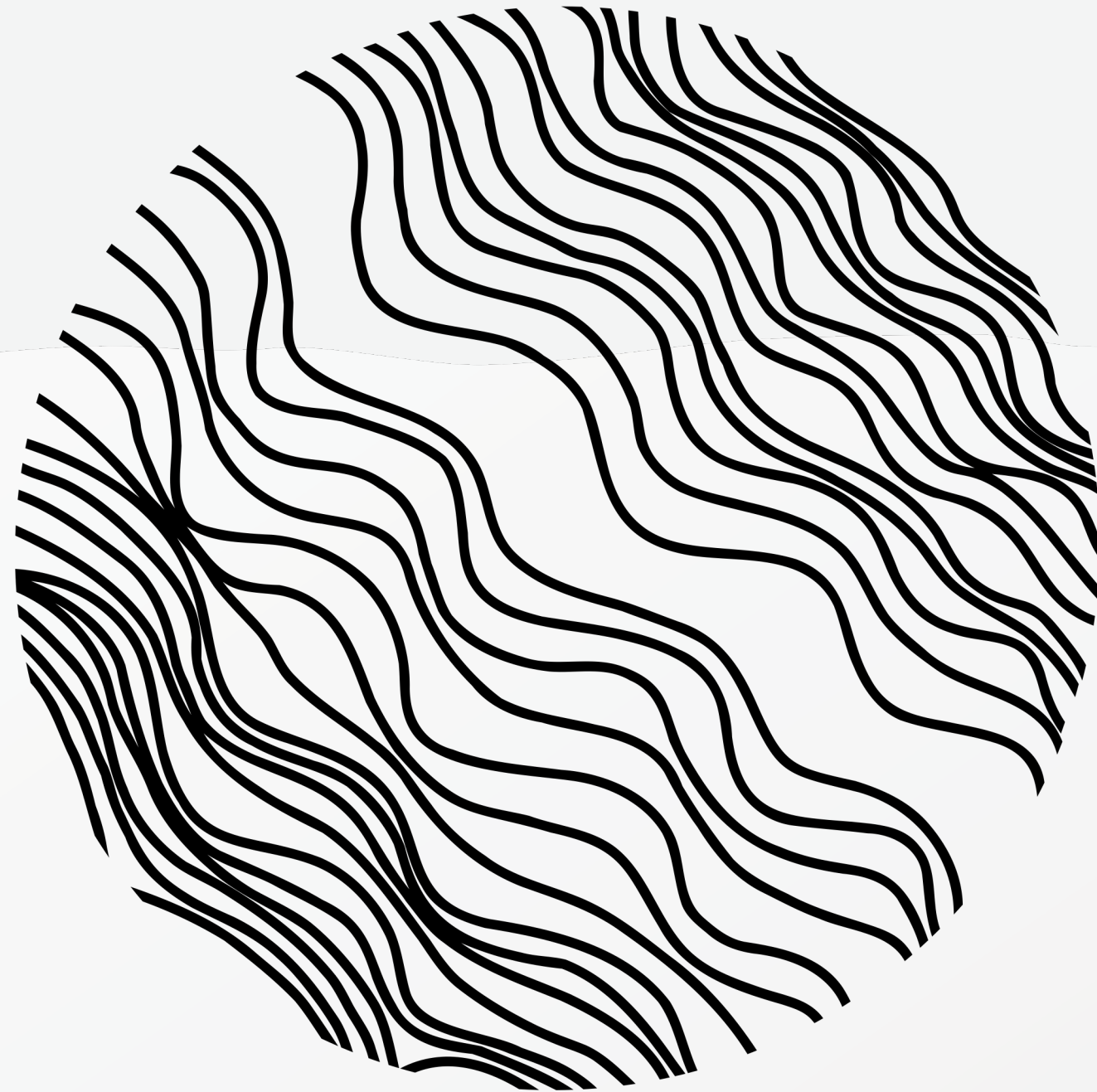


SELF-MANAGEMENT

SELF-AWARENESS

RESEARCH APPROVED

What was this person feeling?

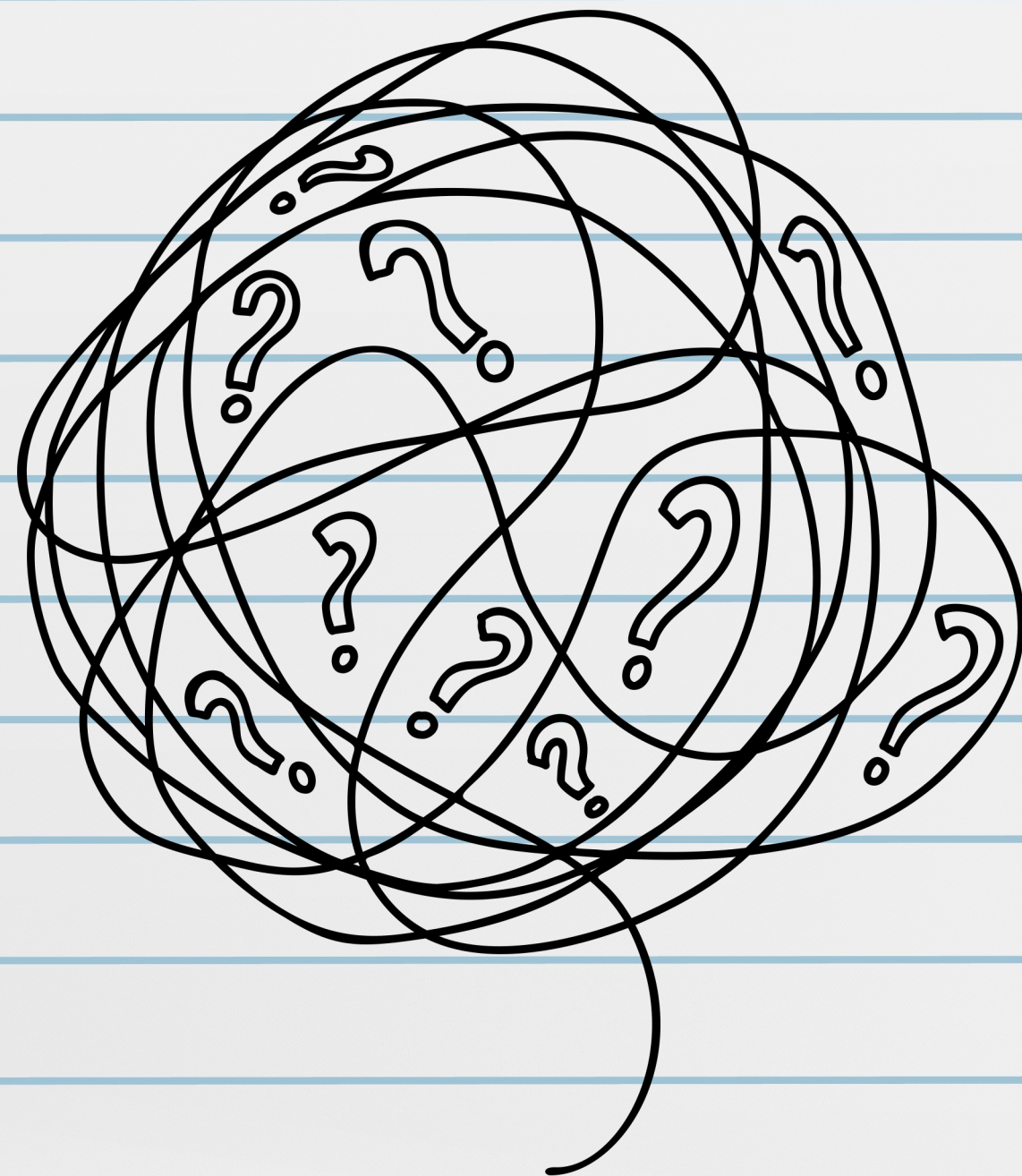


What was this person feeling?





And this person?



How about now?





In your
BAG!!



- Brain stress ball
- Pencil, pen, kneadable eraser
- Journal for doodling!

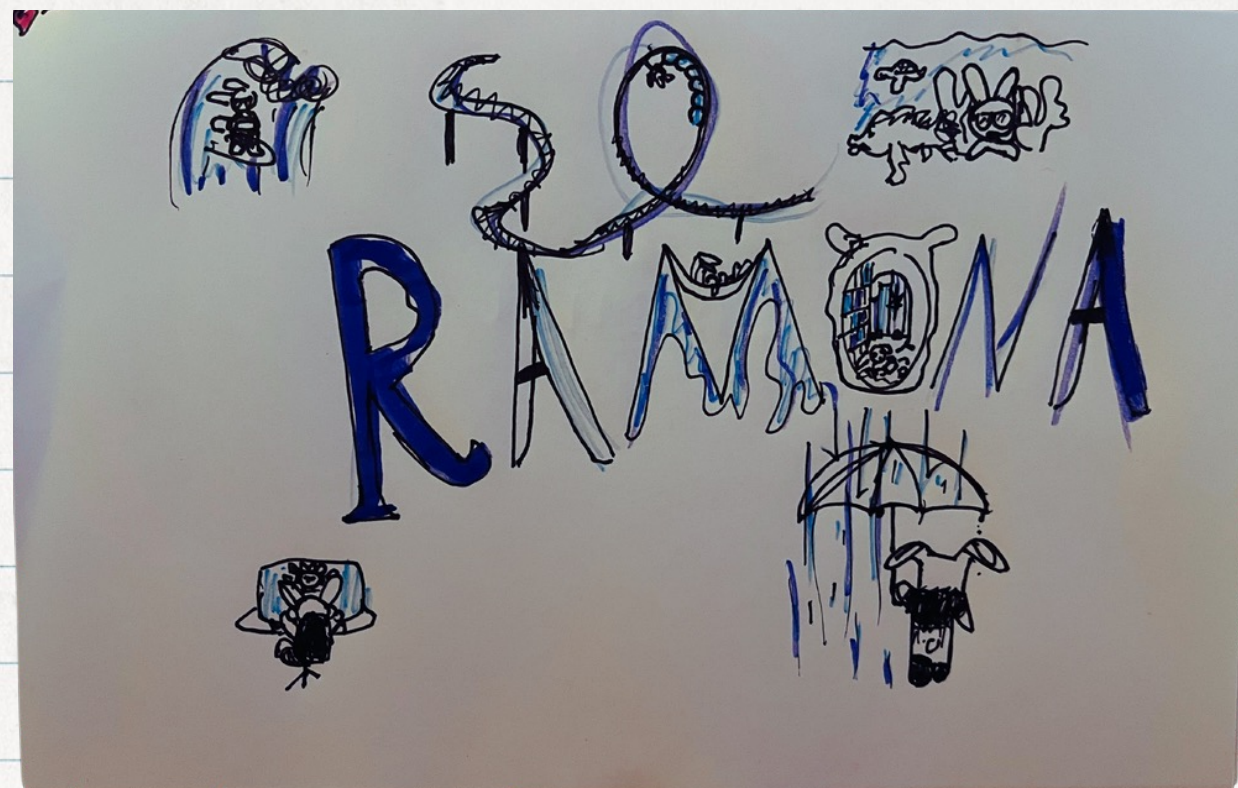


Name Doodle

Steps

1. Write your name anywhere and as big or small as you would like.
2. Add doodles on and around your name that describe you.
3. Color if you would like!

RAMONA

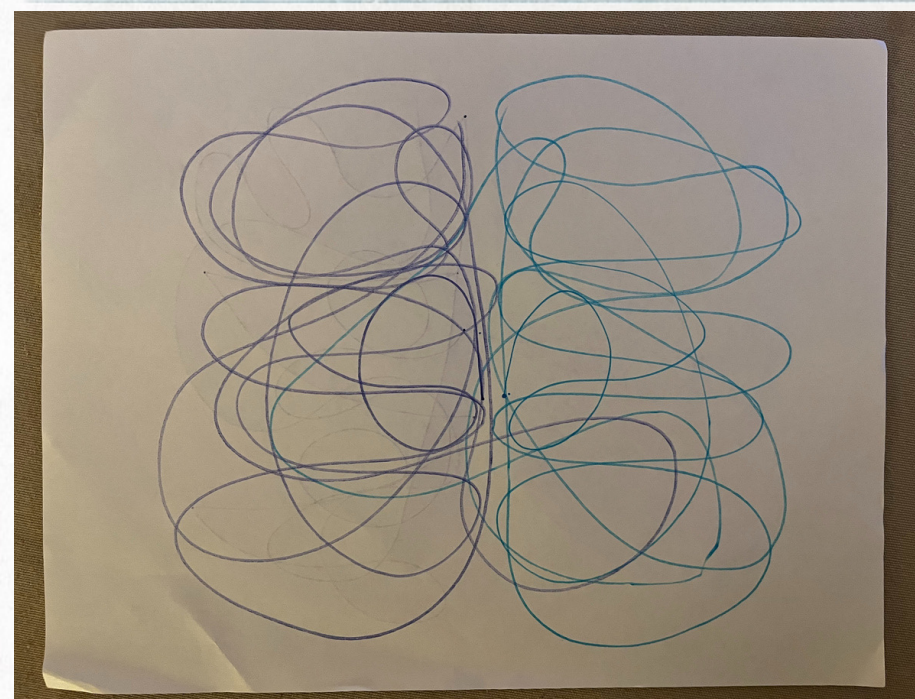
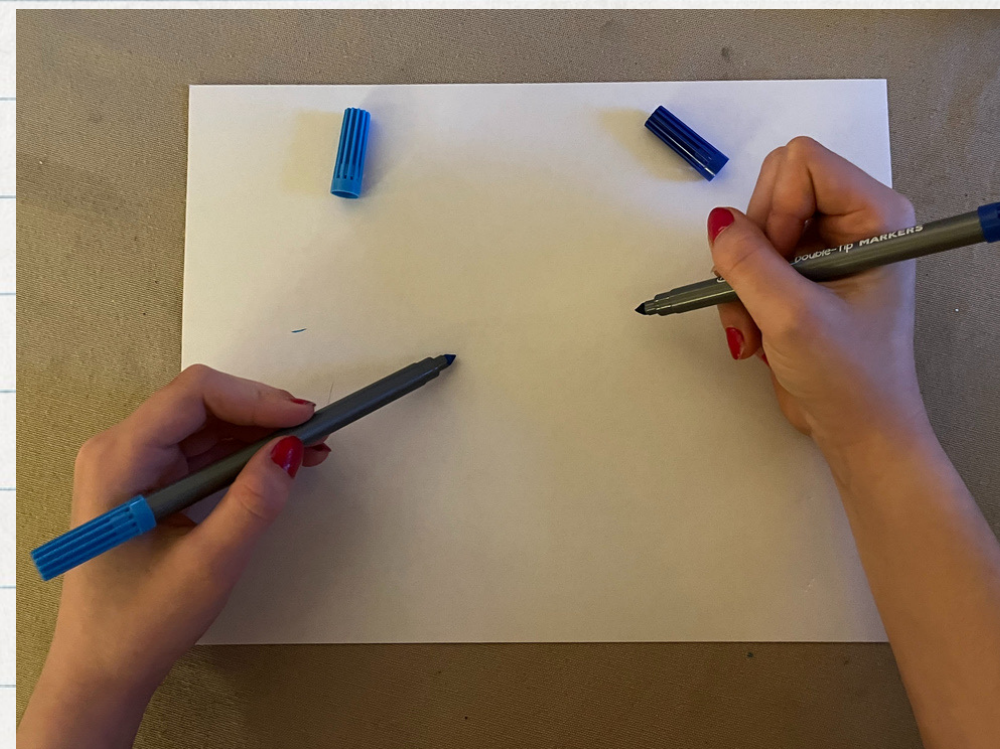


Doodle 2

Double Doodle

Steps:

1. Pick two markers and hold one in each of your hands.
2. Move the markers around your paper at the same time.
3. Create lines and shapes or images!

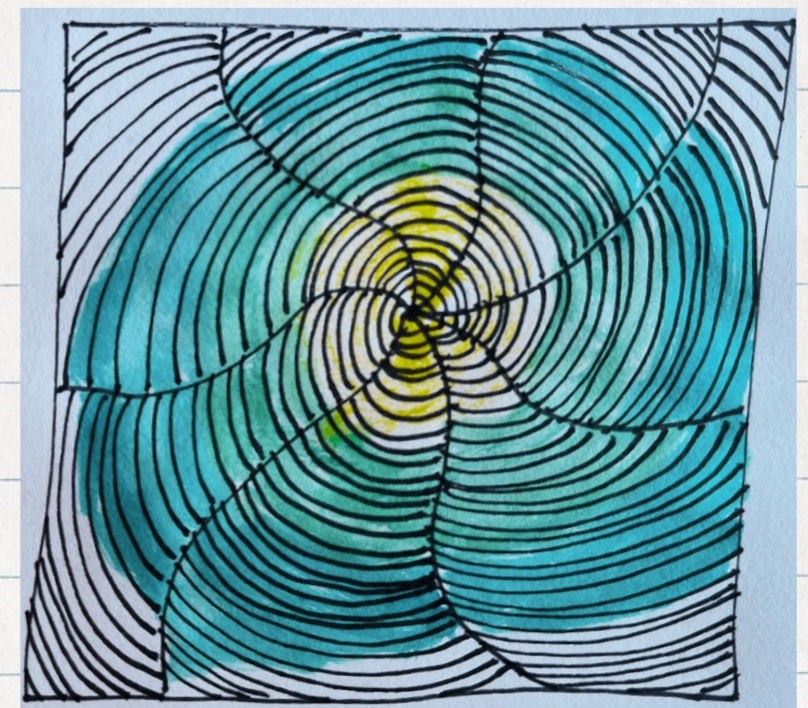
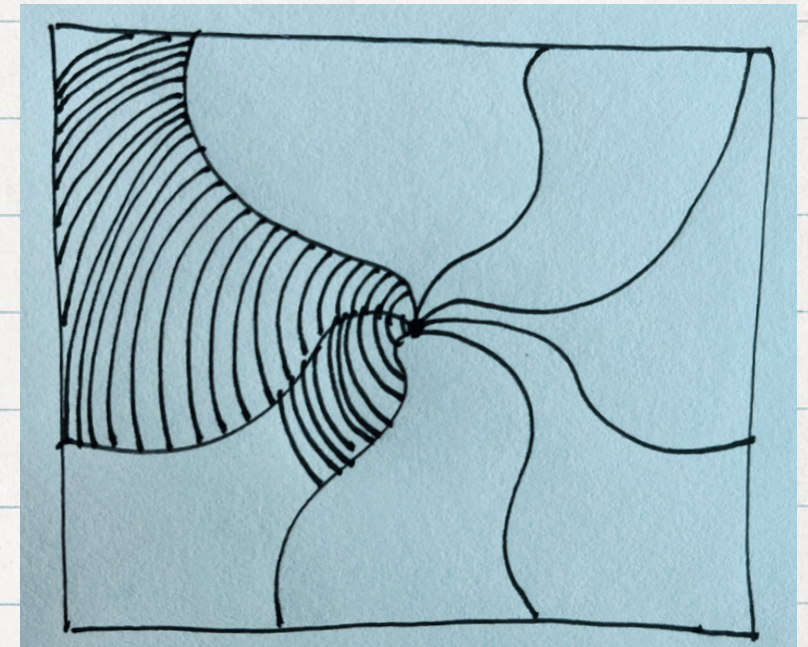
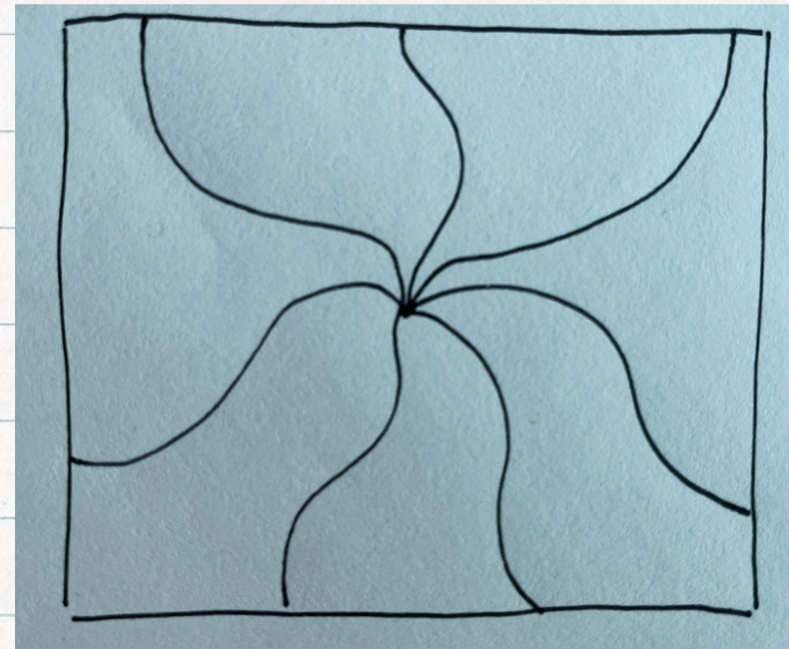


Doodle #3

Neuro Doodle

Steps:

1. Start by drawing curvy lines from the center of your paper to the edges.
2. Connect the curvy lines with other curved lines.
3. Leave it or add color!



Doodle

4

Blind Contour



1. Find a partner.
2. One person draws and the other person poses.
3. Without looking at your page, draw the contour of your model.
4. You can also pick an object in the room.
5. If you are laughing... you are doing it right!

For Teachers!



Link will take you to
Circle Time Document



- Community Circle tips
- When to use doodle journals
- Link to more prompts!